

## Winter Break Connection Days Social Skills Camps for Students

Students in grades 7-10 are invited to participate in social skills camps at secondary schools in Sarnia and Chatham over the winter break to connect with their peers and to learn important skills for success at school and beyond. ABA Specialists Emily Burns and Becky Drury will lead these day-long, fun-fill learning opportunities focusing on making positive peer connections, organization and planning skills, leisure, and self-regulation.

## Connection Day Activities will Include:

- Cooperative games, STEM activities and creative art projects
- Mindfulness activities like guided yoga and outdoor nature exploration
- An Amazing Race team challenge
- Homework help
- Lunch and snacks

Students will be invited to participate in all activities including lunch prep and will have the opportunity to decline should they wish. A choice of independent activities will be available for those needing a break from the group. Our goal is for everyone to enjoy themselves and to learn skills at a comfortable pace.

## **Connect Day Dates:**

**Wednesday, January 4th from 10:00 a.m. – 2:00 p.m.** at Great Lakes Secondary School in Sarnia and Chatham Kent Secondary School in Chatham.

**Thursday, January 5th from 10:00 a.m. – 2:00 p.m.** At Alexander Mackenzie Secondary School in Sarnia and John McGregor Secondary School in Chatham.

To register your student please complete the registration form at the following link:

https://forms.gle/Lo1BdniVLerDSeNi9



## For additional information please contact your school's resource teacher or:

Emily Burns, ABA Specialist emily.burns@lkdsb.net (519) 381-6994 Becky Drury, ABA Specialist becky.drury@lkdsb.net (226) 932-2833

